

Barako Kyudojo **Invitation:**

The Barako Kyudo Group is happy to invite you to a four day program of kyudo and fun, following the traditions of the Heky ryu Bischu Chikurin ha.

Venue: Sportcentrum de Mammoet Calslaan 101, 2804 RT Gouda. Thursday program at: Center for Media & Health Peperstraat 35, 2801RD Gouda,

Costs: Weekend program: € 150,= p.p.;

meals included.

Oko members pay € 125,= p.p. Extra costs for the thursday program: € 25,= p.p.

Kyudo Program March 17-20, 2022

We offer a weekend program at Saturday 19th and Sunday 20th

At Thursday 17th, we will have an evening exchange about the backgrounds of our kyudo practice.

A limited number of private lodgings at our member's houses is available, and we will try to arrange suitable accommodation for others, for reasonable prices, or help you to find them.

Overnight staying costs are not included in the program price



Special Guest: Sam West

Time table:

Thursday, March 17

afternoon:	arrival for the full program
18:00 - 19:00:	informal opening dinner buffet
19:00 - 19:30:	cleaning dishes, rearranging
19:30 - 22:00:	talking circle with Sam West
22:00 - 23:00	informal get-together.

Friday, March 18

Friday will be a day the participants can spend in their own fashion. Gouda is a very beautiful old town, Rotterdam and Amsterdam are very well accessible by train.

Their will be an open group accommodation where we can sit together. Friday will be arrival day for the weekend program. At Friday evening the Barako group will set up the kyudo hall.

Saturday, March 19

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08:30 - 09:00	arrival at the kyudo hall	
09:00- 09:30	za zen meditation	
09:30 - 10:00	tea / coffee, change clothes	, etc
10:00 - 17:30	kyudo practice	
18:30 - 22:00	dinner, informal get-togeth	er

	Sunday, March 20
08:30 - 09:00	arrival at the kyudo hall
09:00 - 09:30	za zen meditation
09:30 - 10:00	tea / coffee, change clothes, etc.
10:00 - 16:00	kyudo practice
Fram the lande	hall to the train station is a serio

From the kyudo hall to the train station is a 15 min. walk. We can provide transport of luggage and equipment.